

# MANYMOTHERS

Strengthening Our Families, One Baby at a Time

PROGRAM REPORT 2022



# IN GRATITUDE FOR YOUR SUPPORT

## A Message from the Board of Directors

My name is Dennis Jung. I am the Vice President of the board of Many Mothers, an organization which you have generously supported in the past. First, I want to thank you so much for your contributions, and perhaps offer you an update on our program. This year will mark thirty years we have been providing aid to families and their babies. Last year, we served 251 families, over 80% of which have reported incomes of \$30,000 or less. During the height of the Covid crisis, we provided additional aid in the form of local food, baby formula, and diaper distributions. The main thrust of our program remains our volunteer outreach and in-home support for all parents with new infants, regardless of economic status, race, gender, or sexual orientation. In the meantime, our staff has grown to six, and our annual budget this year is \$340,000. We would not have been able to step up our mission without the support of both you, our individual donors, and grants from various foundations and governmental agencies.

In support of our commitment to provide optimum, wrap-around support for our families with infants, **we have laid the groundwork to open a parenting center that will provide enhanced access to our services.** This center hopes to offer the following sliding scale resources: childbirth educational classes, doula services, community navigation services, a food and diaper pantry for emergency support, our traditional in-home support by our trained volunteers, perinatal counseling, breast pump rentals and a host of classes on such topics as nutrition, newborn care, parenting and more.

Is this project ambitious? Yes.  
Is it much needed in our community? Undoubtedly, yes.  
Is it doable? An emphatic yes.

We have already secured a sizable federal grant to initiate our plans, and we are anticipating further grants and local government and foundation support. But in the end, it is supporters like yourself who allow us to provide services on an ongoing level. Donors remain the backbone of our day-to-day financial support.

Hopefully, and with a great deal of gratitude, we at Many Mothers can count on your continued support.

Best wishes and thank you again for your generous support.

Sincerely,  
Dennis Jung, CPNP

# LOOKING FORWARD



Later this year, we are partnering with another local human services agency to launch a "Parent Resource Center" to better serve families. Since the pandemic began, we've met many more families in crisis, both with physical needs like housing and food, and emotional needs - mostly depression, anxiety, and substance use disorders. Essentially, the Center will offer a community space for families to gather, connect, and access resources. As part of the resource center's offerings, including a diaper pantry, classes, workshops, and much more, we also hope to provide onsite behavioral health services to families.

**We are pleased to announce that we have secured federal funding through Senator Martin Heinrich's office.** These federal funds will get us started with a physical location and navigation services for the first year.

If you are interested in **helping us raise funds for subsequent years**, please contact Antoinette Villamil, our Executive Director, at [Antoinette@manymothers.org](mailto:Antoinette@manymothers.org) or 505.800.8259.

As part of our commitment to ensure that we prioritize families who have been underrepresented due to race, ethnicity, ability, or socioeconomic status, Many Mothers adopted a new mission statement in 2021:

*Many Mothers provides in-home services and wraparound care to achieve health equity and wellbeing for babies and their caregivers in Northern New Mexico.*

# PROGRAMS



## MATERNAL SUPPORT

Our long-standing Maternal Support Program provides practical, hands-on support to all families in Santa Fe, Rio Arriba or Los Alamos counties with infants 0-6 months. By connecting families to trained volunteers, we are able to ensure parents have guidance and an extra pair of hands when caring for new babies. Families receive 36 hours of in-home support for a 12 week period.

## BABY'S BASIC NEEDS & FARM TO FAMILIES

The Babies' Basic Needs Program is our response to the economic fallout caused by COVID-19. As resources are available, we aid income-eligible families in Santa Fe, Rio Arriba, and Los Alamos counties with basic needs supplies such as diapers, wipes, clothing and farm fresh food.



## SAFE SLEEP

Our Safe Sleep Program promotes and educates families about current safe sleep practices. Our staff provides research-based education that is proven to reduce the incidence of SIDS (Sudden Infant Death Syndrome) in our community. Safe sleep cribs are available for income-eligible families.

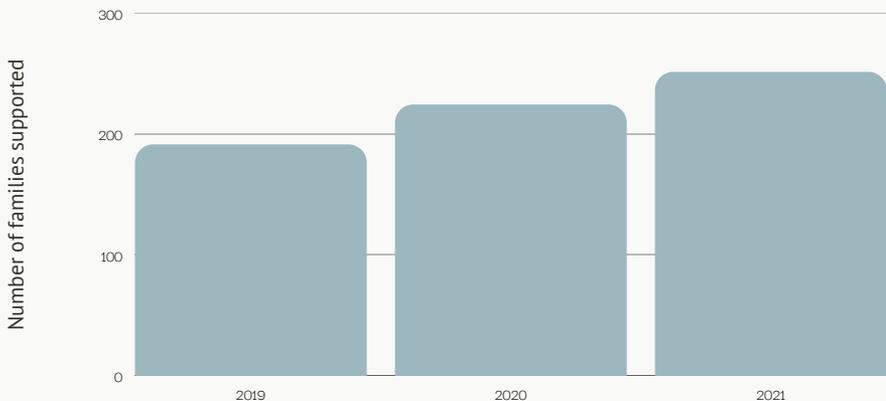


## VILLAGE CLOSET

The Village Closet holds new and gently used items such as clothing and blankets for children ages 0-3. Here, families are able to receive items they need for their children free of charge or on a donation basis. This resource significantly reduces the financial strain on families.

## CAREGIVER'S SUPPORT GROUP

The purpose of this group is to connect, hold space for one another, and to strengthen the new caregiver network within Santa Fe. We gather weekly at local outdoor and family friendly locations. This is primarily a group for babies 0-1 year old and their caregivers. Older children are welcome if they are supervised and guided towards gentle play around the babies.



In 2021, Many Mothers served a record 251 families. Of these families, 80% identified as nonwhite, and 78% reported an income of less than \$30,000/year.

# HEAR FROM THE COMMUNITY



## FAMILY QUOTE

Our volunteer was wonderful! We really enjoyed getting to know her and the bond she has with our son. She also had great advice and I felt comfortable talking to her about motherhood and things that were stressing me out. The support from your organization was wonderful as we navigated being first time parents. You're truly a wonderful resource for our community.



## VOLUNTEER QUOTE

I looked forward to each visit. I felt welcomed and was honored to provide the mom some time to take care of chores without distraction. I was also a sounding board to help process some of her concerns. Words just don't do justice to what I gained from this experience. I loved the baby smiles, observing her growth, getting down on the floor with her, engaging her in some exploration, and the opportunity to appreciate and share in the joys of a young family.



## STAFF QUOTE

I feel so grateful to have the opportunity to be part of these families, grateful for their trust and love. Each of them needs the support that most of the time, can be out of reach. Our families feel free to share their concerns and doubts, and we provide them with information. But most importantly we are there to listen to them. They are grateful because they feel seen and heard. Every time I go into a home, I remind myself that doing an in-home visit is more than just being in the home. In-home visits build trust, family, and community. In-home visits make it possible to be part of the postpartum phase in a mother's life. I feel blessed to be part of the Many Mothers' Maternal Support Program. As a home visitor, I know our organization is making the difference one baby at a time.

# CONTACT US



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