

CELEBRATING THE 4TH TRIMESTER
FOR OVER 30 YEARS



1992 - 2023 IMPACT REPORT

MANYMOTHERS

Strengthening Our Families, One Baby at a Time

Dear Anne,



Anne McCormick,
Founder of Many Mothers

"So many families have been uplifted by your vision that has come to fruition. Your tenacity to lay the groundwork for this organization has created a positive imprint on maternal healing and infant wellbeing that we hope to carry on for years to come. Thank you!"

Kai Forsley,
Executive Director

"The vital work you began over 30 years ago continues to impact so many families in such a powerful way. We are thankful for the action you took when you recognized the need to reach mothers and their infants during the most fragile and tender time of their lives.

The mission of Many Mothers has spread to communities around the country, right here in our own state, and even grown more than any of us could have imagined right here in your hometown. Your picture hangs proudly in The Family Center, your name lives on in our history and your legacy is alive and thriving! Thank you for inspiring all of us to continue this great work!"

Anita Castillo,
Program Director

"Your drop in the water has rippled into something miraculous! Your idea to offer families community and support so they don't feel alone in the early months of welcoming a child home has continued to flourish over the last 30 years.

You are the true example of how one person can make a difference. Thank you for creating Many Mothers so that I may be a part of the ripple you created. We are making the difference you envisioned."

Marissa Visscher,
Program Manager

"Thank you for responding to the needs of parents back in 1992. You would be immensely proud to witness the growth in the number of families we've been able to assist, as well as the expansion of our support to include monolingual Spanish-speaking parents."

Monica Gonzales,
Bilingual Program Coordinator

"The mark you have left in your community is one that can never be erased; families continue to thrive today because of you and your legacy. Not a day has gone by where I haven't been thankful to work at such a beautiful organization. It's a true honor to share even just a piece of your story, Anne!"

Sarah Cheney
Grants & Marketing Coordinator

MANY MOTHERS HIGHLIGHTS: 30 YEARS OF IMPACT

30 years ago, our founder envisioned all-encompassing, personalized support for families, specifically mothers, welcoming a newborn home. Her goal was to provide emotional and physical support to aid in the birth healing process.

- ☺ Provided **1,774 families, benefiting 6,428 individual family members**, with home visits for free since 1992.
- ☺ Maternal Support Program Volunteers have donated over **63,800 hours of in-home support**.
- ☺ The value of our home visits equate to more than **\$1.9 million** in donated services since our inception.
- ☺ Expanded our reach from Santa Fe County to **4 additional counties** around the State of New Mexico.

Many Mothers observed that in addition to home visits, many families needed more support. Beginning in 2016, we began providing basic needs items to infants and their families. Since then, we have:

- ☺ Provided over **640,000 diapers** to northern New Mexico families. We have also given out thousands of packs of baby wipes.
- ☺ Distributed more than **\$1.1 million worth of infant and maternal supplies** to families in need.
- ☺ Partnered with local farms and food distributors to give out **31,800+ pounds of healthy food**.

NATIONAL IMPACT

As our founder Anne developed the Many Mothers model, she acknowledged that the concept of "mothering the mother" was hardly a new idea. Her goal was to spread the word and so she wrote an informative step-by-step guide. Today, several programs across the United States have directly replicated our model.



Mother Mentors

Whidbey Island
Washington



Rochester, NY



Cummington, MA



Westchester, NY



Oak View, CA



mission: motherhood
IT TAKES A VILLAGE TO RAISE A MOTHER

Fort Wayne, IN

30 YEARS OF MEMORIES



10 Who made a difference

MOTHER TO NEW MOMS

ANNE

"That makes me want to cry"
 That's what Anne McCormick said when she learned she had been chosen as one of 10 Who Made a Difference for her work with Many Mothers, an organization which provides support to families with new babies.

"Because what we do is what used to happen all the time, and it's been a very short time historically, maybe 30 years or so, when women have needed support when they come home with a new baby, when their neighbors aren't there or their family isn't there," McCormick said, "That's a difference really makes me feel that it's important to do something that does make a difference really makes me feel."

When McCormick's own two sons (the 39 and 40) were born, life was different. Her husband worked and she stayed at home, and the other women on the list in Syracuse, NY, were home too. McCormick was divorced and living in Santa Fe at the time she was working at the Santa Fe Family Center, a labor and delivery nurse working at the Santa Fe Hospital and at St. Vincent Regional Medical Center. McCormick said she saw a gap in the services being provided to the families of new babies and she said she saw a gap in the services being provided to the families of new babies. McCormick said she saw a gap in the services being provided to the families of new babies.

In 2006, our founder Anne was named 10 Who Made a Difference by the Santa Fe New Mexican.



Many Mothers
 a national organization
 1825 West 62 - Santa Fe, NM 87502 - 505-883-9884

February 14, 2004
 Anne Anthony
 2301 Laurel Court
 Wilmington, NC 28409

Dear Anne,

As a follow-up to our phone conversation, this letter describes how the Santa Fe Family Center would consider developing a support service for families with new babies. As a result, new parents are often exhausted, overwhelmed, and feel isolated from their community at large.

In 1992, a postpartum nurse at our local hospital called the Santa Fe Family Center and asked if we would consider developing a support service for families with new babies. She was seeing an increase in families having the hospital without the support of family or friends. She was seeing an increase in families having the hospital without the support of family or friends. She was seeing an increase in families having the hospital without the support of family or friends.

Many Mothers - History and Mission

"Many Mothers helps fill the void of extended family that most of us with new babies find in today's society." [Ann Senicki, a new parent]

By the early 1990's it was clear that with extended families geographically dispersed or busy working, families with newborns often did not have the kind of support available to earlier generations. As a result, new parents are often exhausted, overwhelmed, and feel isolated from their community at large.

In response to this situation, Anne McCormick designed and implemented a volunteer service under the auspices of the Santa Fe Family Center. This successful program, *Many Mothers*, provided a unique form of extended family—helping with household duties and errands, and providing care for the infant and sibling while the mother got much needed respite.

Because women in the community have traditionally cared for new mothers, the program was particularly easy to implement, with many volunteers stepping forward to help. After six years of working with this strong program, Anne created *Many Mothers* as an independent non-profit which would make this cost-effective, easy-to-configure format available to communities in New Mexico and across the country.

Many Mothers' mission is to help strengthen families and communities by providing free materials and consultation to any individual or group wishing to develop a volunteer service in their community for families with newborns, while at the same time maintaining a successful working model program in Santa Fe.

Many Mothers' vision is for families with newborns to have the support and parent education needed to raise their child to be an emotionally healthy person able to successfully navigate the challenges of school and beyond.

Many Mothers' goal is to ensure that any community in the country with the desire to provide support for its families with newborns will be able to establish and maintain a volunteer-based program.

The *Many Mothers* model—open to any one who wants to observe this program in action—is located in Santa Fe, New Mexico, where volunteers are recruited and trained to provide direct service—optimal support tailored to the needs of each family receiving care.

The volunteers do this work because it is truly effective in changing the course of children's lives.

"Having been a volunteer for *Many Mothers* during the past two years and being a 'mother' in its families, I feel qualified to speak about the program." [Ann Senicki, a new parent]

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our story as told by Anne.

it takes a village
 how Many Mothers helps new moms adjust

Former Many Mothers' Program Director, Julie Peet, poses with a Maternal support Home Visiting Program mom and her twins in a 2008 Santa Fean Magazine article.

MANYMOTHERS
 PARENTING DOESN'T HAVE TO BE DONE ALONE

Project Life Stories and Many Mothers present:
Awakening Into Motherhood
 New Monologues
 A benefit for Many Mothers

Many Mothers
 Vital Support for Families with Newborns

Many Mothers' Wisdom 2013

Many Mothers' mission is to contribute to a healthy and vital Santa Fe community by providing free, in-home care and support to any Santa Fe family with a newborn.

Vintage Many Mothers circa 2007, 2010, 2013.



A 2010 Albuquerque Journal article featured Many Mothers. We are currently rebuilding our Albuquerque-based home visiting program.



Many Mothers: parenting doesn't have to be done alone

Parents Children aren't born with instruction manuals, yet asking for parenting help is often considered taboo. That's an attitude Many Mothers' a Santa Fe nonprofit that provides free emotional and physical support to any local family following the birth or adoption of a baby, hopes to change.

"Trained volunteers are matched with families in need for up to three months (or six months in the case of twins or triplets). "Some parents may need someone to hold the baby while they shower, bathe, or sleep," explains Executive Director Nancy Cochran. "Other parents may need someone to listen, help them apply for a job, or find laundry. There are few things we don't do, like care for pets and heavy house cleaning, but for the most part our volunteers are there to help reduce the stress and isolation associated with bringing home a newborn, and what that entails varies from parent to parent."

Although Many Mothers' in-house support is open to any Santa Fe family regardless of income level, most of its programs are geared toward low-income households. The Hoop House Program, for example, supplies families in need with free greenhouse gardens that enable them to grow fresh vegetables. And now that schools, baby stores filled with basic supplies will be available to cash-strapped families.

"Changes in the structure of our society mean that mothers often don't have the support from extended family or religious communities the way they did in the past," Cochran says. "Pregnant depression and isolation are still big issues for mothers of newborns and can create stress that has a negative impact on the baby. Many Mothers' volunteers provide support in the early months that help reduce the stress." Whitney Gray

Many Mothers, 1025 S. St. Francis, manymothers.org

Many Mothers' Hoop House Program was an innovative initiative that provided greenhouses for families in northern New Mexico to grow their own vegetables.

The 'Grow Y'Own' company installed the houses, funded by the Cynthia DaCosta Foundation.

Many Mothers coordinated the installation of 54 greenhouses. Today many of the families still utilize the garden beds to grow their own healthy foods.



Former Santa Fe Mayor, Javier Gonzales, attends a "Cooking with the Mayor" fundraiser benefitting Many Mothers.



Doris Meyer graciously knitted beautiful infant hats for over 8 years which were given to home visiting families. She donated over 150 hats during her time with Many Mothers!

Joy and Rev. Duncan Lanum were amazing supporters of Many Mothers. Joy was also one of our founders' closest friends. Joy was an obstetrics nurse with a career spanning 50 years, and after retiring she became one of Many Mothers' most dedicated volunteers offering in-home and lactation support for new moms for 16 years.

Priest, 82, reaches his riding goal for memorial fundraiser

The New Mexican

At age 82, and with a goal to reach the Rev. Duncan Lanum isn't about to let up. Lanum finished 1,600 miles worth of rides late last month in his quest to raise money on behalf of the Lanum Memorial Fund, which supports Many Mothers, a nonprofit that helps families born or adopted children.

The ride is nothing new: Lanum, a priest, has ridden his bicycle all the way to Tampa, Fla., on a compilation of rides in the area. This year, his succession of rides added up to about 1,600 miles.

"It makes me feel good; I'm blessed to be able to do that," Lanum said. "The underlying goal is, in my wife's name [Many] Mothers group, but I'd like to just maybe... it gives a little motivation and exercise."

Before the rides in his wife's memory, he had cycled across the country to raise money for the church in California, not to mention trips from the West Coast to Santa Fe.

For information about Many Mothers, visit manymothers.org.



In 2015, shortly after her passing, her husband, Rev. Lanum, continued to support the organization via a 1,600-mile bike ride across the country to raise funds and pay tribute to Joy. Our Safe Sleep Program, which provides cribs to families, was started in her honor. Today, the program is thriving thanks to their efforts.



NEW MEXICAN FILE PHOTO
The Rev. Duncan Lanum has ridden his bicycle 1,600 miles this summer.



Throughout the COVID-19 pandemic, Many Mothers ensured families had fresh, healthy food with the support of Skarsgard Farms, Marianne Sundquist, and Reunity Resources!

We also provided safe sleep spaces and hygiene supplies to families displaced by the Calf Canyon/ Hermits Peak fires, in 2021.

"Often mothers ask, 'Isn't there someone who needs this more than I do?' If she has a new baby, the answer is no! This is the 21st century version of extended family. All volunteers look forward to a time when this kind of community support is expected by families: when it has become a norm rather than an exception."



- Anne McCormick

THE FAMILY CENTER

We are so pleased to announce that our inaugural Family Center year, in partnership with Senator Martin Heinrich's office, was a success. The federal funds we received, in conjunction with our generous foundation grantors and our dedicated individual donors, allowed us to secure a beautiful space and welcome the public.

The Family Center provides the perfect backdrop for caregivers to engage with their babies and toddlers. Whether it's attending a pregnancy support group, playing in our playroom, or receiving an organic meal to support moms' healing after birth, The Family Center offers all of this, plus more, under one roof.



mail, postage extra
n's Silk Hat, \$
22 Men's Very
Quality
Dunlap
\$5.00



Stilt Walking Fun,
Grand Opening, 2023



Since opening our doors in January 2023, the Family Center (formally known as the Santa Fe Parenting Center) has:

Hosted
264
Classes & Events

Welcomed
650+
Families

Engaged
1,500+
Visitors



Reading time with the
Santa Fe Public Library,
Grand Opening, 2023



Infant Massage Class,
October 2023



Fall/ Winter Clothing swap,
November 2023



Art Class for Moms,
April 2024



HELPING HANDS, OPEN HEARTS

Since our inception in the early 1990's, our home visiting model has always centered on the kindness of people willing to donate their time, warmth, and expertise. **Many Mothers celebrates our volunteers: past, present, and future! We are honored to know our mission resonates so deeply with you.**



Mary Beth F.



Vivian A.

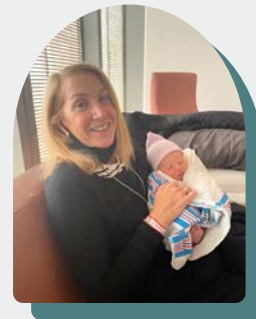
"I am so thankful to be a part of this volunteering experience. I was nervous to start, but really enjoyed the family. **I feel so much more connected to my community here in Santa Fe.** It was a gift to be able to give [the parents and their son] the support they needed in such a special time in their lives."

- Many Mothers Volunteer

YEARS OF SERVICE

10+ Years: Janet S. and Linda D.

For over a decade, Janet and Linda have provided home visiting to a combined 49 families! We are amazed at the generosity of these two ladies. Thank you, Linda and Janet, for choosing Many Mothers to share your gifts with! We value you both truly and deeply!



Janet S.



Linda D.



Chris K.

5 - 10 Years	Laura M. Joalie D.	Mary Ray C. Marci S.	Margaret R. Caroline G.	Bernadette F. Jennifer B.	Abby M. Diane C.
1 - 5 Years	Maxine S. Mary S. Richard H. Melinda H. Rachelle V.	Pam S. Melissa L. Maguy L. Mary Beth F. Reverie E.	Vivian A. Karen W. Cheryl W. Wynter W. Eileen K.	Margo D. Cathy A. Christie S. Maggie S. Sofia R.	Betty M. Joanna L. Abeer E. Alessandra D.
1 Year or Less	Dawn E.W. Laura C. Chris K. Amy E.O.	Cynthia B.H. Karla T. Dauna S.H. Sage S.	Irina S. Alexandra S. Mary R. Mary P.	Janine P. Melissa H. Monique T. Carmen R.	Elizabeth D. Heidi C.

FY23 HIGHLIGHTS & STORIES

Represents families supported in fiscal year 2023: 7/1/2022 - 6/30/2023.

“Joanna was wonderful during our time together; she was the calm I needed during the postpartum period. **She supported me so much emotionally and helped me talk through a lot of big emotions I was having.** She also was so patient with my daughter and loved having her company and presence in our home.”

- Anonymous

“**Nuestro voluntario es una persona super atenta, ella es tan apasionada de su actividad que crea seguridad y confianza en nosotros. Ella está hecha para esto.** Son un Gran equipo, me apoyaron cuando más necesite y estoy muy agradecida con todos, Dios les multiplique en salud todo lo que hacen por cada familia.”

- L.R.



“Our volunteer has been awesome, we had great conversations, she dropped off some donations and picked up some warm Pjs, etc. for my son. **[Our volunteer gave my son] one-on-one attention and played with him a lot while she was here, which he loved.** I was able to get caught up on housework and rest, etc. She is amazing.”

- K.L.

“[My volunteer] was very sweet, caring, and compassionate. **She was always available to talk to me and was non-judgmental. She made me feel like she really cared about me and my family.** She was very sweet and surprised me when she brought me and the baby gifts one day. The baby enjoyed her and loved to play peekaboo with her.”

- Anonymous

2,860+ Hours of home visiting

35 infants born to teen/ young parents assisted

92% of families assisted felt more connected to community resources.

Assisted 652 families across all programs



Many Mothers supported the student parents of Northern New Mexico College (Española, NM) with 4,120 diapers as well as baby wipes and infant formula.

OUR STAFF

*Denotes Founding Staff of the Many Mothers Family Center.



Kai Forsley*
Executive Director



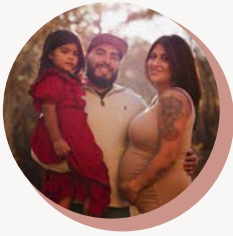
Anita Castillo*
Program Director



Marissa Visscher*
Program Manager



Sarah Raine Cheney*
Grants & Marketing
Coordinator



Monica Gonzales
Bilingual Program
Coordinator



Marisela Torres O'Neal
Bilingual Navigator
& Home Visitor



Gabby Villalobos
Resource Connection Assistant
(NM Highlands University
School of Social Work Intern)

BOARD OF DIRECTORS

Dr. Margo Dichtelmiller, PH.D, President

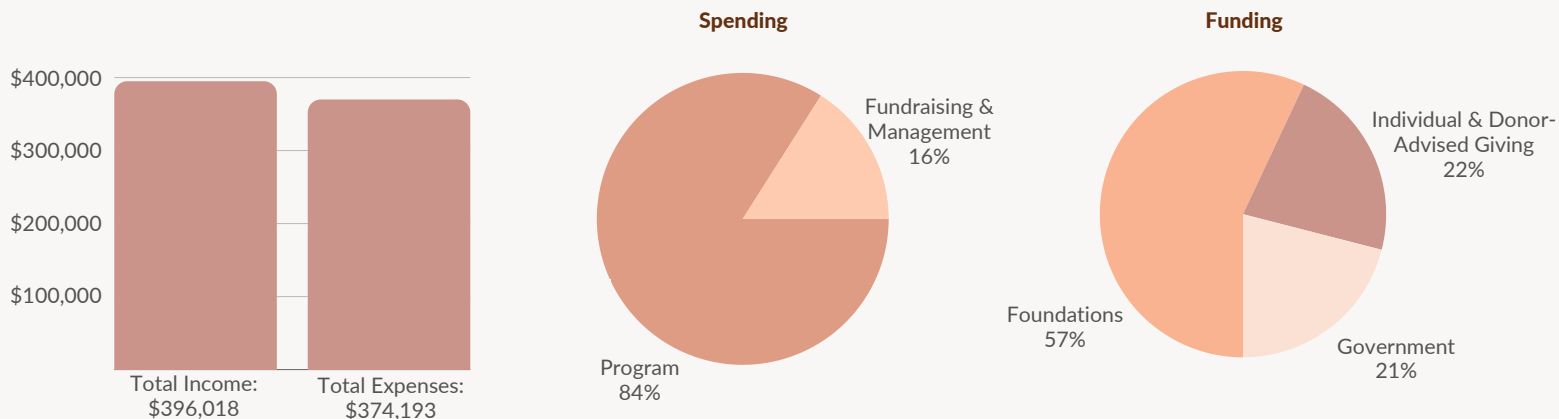
Bernadette Freeman, Member

Maxine Swisa, MA, Treasurer

Betty Monroe, M.ED, Member

FY23 FINANCIAL STATEMENT

Represents funding sources & expenditures between the dates of 7/1/2022 - 6/30/2023.



FOUNDATIONS

Represents fiscal year 2023: 7/1/2022 - 6/30/2023.

*The Leeb Family
Foundation*



ADMINISTRATION FOR
CHILDREN & FAMILIES



MolinaCares
Building Stronger Communities...One Life at a Time



*Nancy Ann Mellen
Foundation*



The Catholic Foundation
ARCHDIOCESE OF SANTA FE



Santa Maria de la Paz Catholic Community
A Parish of the Roman Catholic Archdiocese of Santa Fe



The UNITED CHURCH
of LOS ALAMOS



St. Bede's
Episcopal Church



Community Health
Funder Alliance



DONOR ADVISED FUNDS

*Jack & Juanita Dunn
Charitable Trust*

*Hart-Prins
Charitable Fund*

*Susan & Conrad
De Jong Fund*

*Zinn Charitable
Gift Fund*

*Frank & Anna Kramer
Charitable Trust*

*Nancy & John Guthrie
Family Foundation*

Stennis Giving Fund

*Richard Hertz & Doris
Meyer Gift Fund*

*John C. Griswold
Family Foundation*

*Sekel, Breidenstein
Family Fund*

Many Mothers would like to also thank our **139 tremendous individual donors** that gave during this cycle.
For every \$1.00 you invested in us, we yielded a \$1.95 return.



"I think I've made a difference, but I couldn't have done it myself. We get back so much more than we put into it. It's rewarding. I believe we are all agents of change. I think each person makes a difference."

- Anne McCormick



Ways To Give:

Donating | Volunteering

(505) 983-5984 | www.manymothers.org | info@many mothers.org