

# Annual Report & Donor Briefing 2025

Programmatic Impact from July 1, 2024 - June 30, 2025

# MANYMOTHERS

Strengthening Our Families, One Baby at a Time



*For over 33 years, Many Mothers has provided accessible home visiting and essential post-birth support to northern New Mexico mothers, caregivers, infants, and toddlers. With the addition of the Many Mothers Family Center, we now offer increased basic needs support, individualized counseling for perinatal moms, peer support groups, emergency assistance, and engaging opportunities for the youngest members of our community.*



#### OUR MISSION:

Many Mothers' mission is to ensure that every baby in New Mexico has a healthy and happy start to life by offering compassionate home visiting, family-centered community, and basic needs support.

#### OUR VISION:

Many Mothers envisions a caring community that nurtures and supports the health, well-being and happiness of all mothers, infants, toddlers, and their families.

## MESSAGE FROM OUR EXECUTIVE DIRECTOR

As we celebrate 33 remarkable years of serving families in our community, I am filled with admiration for the incredible journey we have shared together. Three years ago, I had the privilege of accepting the position of executive director, and I continue to be amazed by the profound impact we make in the lives of families during their most precious moments.

Our home visiting program remains the cornerstone of our mission, providing crucial emotional, physical, and informational support to parents. Every day, our dedicated team helps families navigate this beautiful yet challenging time. *When we help a parent feel more confident and supported, we're not just changing that moment - we're shaping the future of an entire family.*

Beyond our home visiting, we provide tangible resources when caregivers need them most. **I am incredibly proud to share that we have distributed over 1 million basic essentials to date - a testament to our unwavering commitment to spreading care throughout our community.** *These aren't just numbers; they represent countless moments of relief, comfort, and hope.*

Every milestone we reach and every family we touch strengthens my conviction that this work is not just important- it's essential to building a thriving community where no parent or caregiver walks alone.



Best,

Kai Forsley, Executive Director

### STAFF

**Kai Forsley, MLIS.,**  
Executive Director

**Anita Castillo, CLC,**  
Program Director

**Marissa Visscher, M.P.A., PMH-C,**  
Program Manager

**Sarah Raine Cheney, Grants  
& Marketing Coordinator**

**Monica Gonzales,**  
Bilingual Program Coordinator

**Marisela Torres O'Neal,**  
Bilingual Navigator & Home Visitor

**Cheyenne Carrell,**  
Resource Connection Assistant  
*(NM Highlands University School of Social Work Intern)*

### BOARD OF DIRECTORS

**Dr. Margo Dichtelmiller, Ph.D.,** President

**Bernadette Freeman,** Vice President

**Maxine Swisa, M.A.,** Secretary

**Patricia Piteo, CPA,**  
Treasurer

**Betty Monroe, M.Ed.,** Member

**Tintawi Kaigziabiher, MAIS, CBPA,**  
CLC, CD(CBI), NRP., Member

**Ann Jennings,** Member

# 2024 - 2025 MILESTONES

*This year, we focused on expanding support for our most vulnerable caregivers. Using feedback from clients and partners, we developed new programs that directly address their needs.*



## MATERNAL MENTAL HEALTH INITIATIVE

Through partnerships with Blue Cross and Blue Shield of New Mexico's Special Beginnings, CHRISTUS Community Impact Fund, MolinaCares, Con Alma Health Foundation, and dedicated individual donors, Many Mothers can now screen more mothers for Perinatal Mood and Anxiety Disorders (PMADs).

We have also been able to increase access to individualized counseling and host more weekly peer support groups.

## GOLDEN CAREGIVERS & YOUNG PARENT PROGRAM

At Many Mothers, we understand that very young as well as older caregivers may face additional obstacles when caring for an infant or toddler. We increased our support to these families by expanding services for them.

*"I was just at Many Mothers and I called to say thank you so much once again for everything. I appreciate it more than I can thank you gals; you do an awesome job."*

*- Golden Caregivers Participant*



## LACTATION SUPPORT

In 2024, our Program Director Anita Castillo invested over 200 hours of learning to become a Certified Lactation Counselor. We now host weekly drop-in hours where mothers in any phase of breastfeeding can receive private support.

Many Mothers also hosts monthly classes for pregnant women to encourage a successful start from the moment their baby is born.

## ALBUQUERQUE CHAPTER

In Albuquerque, our home visiting program has established itself as a vital resource! Our Albuquerque program coordinators, Amy Elliott O'Neill and Cynthia Bernal Herrin, have emerged as passionate champions of this expansion.

"It has been an honor and a pleasure working with the Santa Fe team to bring [Many Mothers] to Albuquerque," Amy reflects. Within one year of operation, the program has demonstrated remarkable impact, building what Amy describes as "a community of care and support" that extends far beyond individual home visits. Families have responded with overwhelming appreciation. Cynthia echoes this success, noting, "We have received very positive feedback. It is lovely to witness the impact of Many Mothers."

Both coordinators emphasize that the volunteer home visitors demonstrate exceptional dedication and compassion. "Our volunteers embody the best human qualities," Cynthia observes, highlighting the caliber of individuals drawn to this meaningful work. As Amy and Cynthia look toward the future, they anticipate continued growth, positioning Many Mothers as an essential component of Albuquerque's maternal and perinatal health support infrastructure.





# PROGRAM SUCCESSES IN FY25

## OUR BEST YEAR YET

*All of our programming is free to families.*

### MATERNAL SUPPORT HOME VISITING PROGRAM

Our Maternal Support Home Visiting Program brings caring, hands-on support directly to families with newborns. Thanks to the Hancock Family Foundation, we've recently welcomed families in Albuquerque.

This year, we provided over **3,400 hours of personalized, in-home support to 92 families**, reaching 368 family members.



### BASIC NEEDS

Our Basic Needs Program served families **1,668 times this year—a 259% increase** from 464 visits the previous year. This assistance included crucial items like diapers, wipes, formula, infant hygiene products, prenatal vitamins, and additional necessities.

### CAREGIVER'S SUPPORT GROUP

Our Caregiver's Support Group creates a supportive community where Santa Fe's young child caregivers connect, share experiences, and strengthen their support network. Our valued partnership with the Santa Fe Children's Museum provides both a welcoming meeting space and engaging activities that benefit our participating families.

### EMERGENCY SUPPORT

Through our Emergency Support program, we provide critical financial assistance to pregnant women and families with newborns, preventing evictions, utility shut-offs, and address other urgent financial crises. This essential safety net has supported numerous families throughout the past year, providing stability during key transitional periods.

***We truly appreciate the generosity of our in-kind donors and thank you for your invaluable support. Your partnership is essential to our mission and plays a vital role in enabling us to serve our community effectively.***



- 🍃 The Food Depot
- 🍃 Santa Fe Rockers by RB Wing [sfrocks.com](https://www.sfrocks.com)
- 🍃 Santa Fe Children's Museum
- 🍃 New Mexico Early Childhood Education and Care Department
- 🍃 Northern New Mexico Quilters Guild
- 🍃 Osprey Packs

- 🍃 New Mexico Department of Health
- 🍃 Vitamin Angels
- 🍃 Free Flow New Mexico
- 🍃 By Robin Creations
- 🍃 Santa Fe Farmer's Market Institute
- 🍃 Pillowcases 4 Love
- 🍃 Barbara Macks Handmade Fabric Books
- 🍃 Quilts made by the Eldorado Senior Center

## SAFE SLEEP

Our Safe Sleep Program combines education with practical support to promote infant sleep safety. This year, we provided personalized, **evidence-based guidance to over 170 families and delivered essential supplies—cribs, swaddles, and safe sleep sacks—to 102 families**, ensuring that financial constraints don't compromise infant safety.



## FARM TO FAMILIES

The Farm to Families program supplies organic produce and meats to pregnant women, nursing mothers, toddlers, and their families. Many Mothers made **928 food distributions** this period to over 290 families, delivering over **19,000 pounds of healthy food** directly to mothers, caregivers, and their families.

## CAREGIVERS HELPING CAREGIVERS

At Many Mothers, we believe caregivers learn best from each other. Caregivers Helping Caregivers provides new caregivers with leadership opportunities and stipends while strengthening our community network.

## VILLAGE CLOSET

The Village Closet served families by providing clothing for mothers, infants, and toddlers, along with toys, infant equipment, postpartum healing supplies, hygiene essentials, and books. The Closet welcomed families a total of **988 visits**.

## WORDS FROM OUR COMMUNITY

**Our commitment is to provide the highest quality support to every family we serve. Nothing inspires us more than hearing from families about how our work has touched their lives. Here are some uplifting stories from families in our Maternal Support Home Visiting program.**

*"[My volunteer's] presence made such a difference. It really made all the difference in the world to know that there would be an extra pair of hands and someone nice to talk to. I haven't made a lot friends since moving to New Mexico, and having someone to talk with in person was a really valuable support. [She] was really genuine and approachable, and it was a pleasure getting to know her."*

*"Son un Gran equipo, me apoyaron cuando más necesite y estoy muy agradecida con todos, Dios les multiplique en salud todo lo que hacen por cada familia."*

*"Mónica fue súper bonita siempre estuvo al pendiente de mí y de mi bebé, siempre estuvo dispuesta a ayudarme en cualquier cosa, agradezco mucho de su ayuda."*



Through all programming, Many Mothers reached **646 families**,  
equaling more than **2,251 family members**.

# MANY MOTHERS FAMILY CENTER



Many Mothers Family Center provides specialized support for infant caregivers, babies, toddlers, and their families through our unique community centered approach. As New Mexico's **only** facility of its kind, we offer unparalleled resources and programming.

This year, Many Mothers fostered countless, meaningful connections for families through nearly **150 classes, activities, and events**, highlighted by our 3<sup>rd</sup> Annual Community Day.



## BABIES ON THE MOVE

Recognizing the critical importance of movement as essential to health - and healthy babies and families are our priority - we took action last year when our Bilingual Program Coordinator, Monica Gonzales, earned her Zumbini instructor certification. Now, Monica leads these dynamic classes that weave together music, dance, and learning, and offers them bilingually to serve both English and Spanish-speaking families.

## THE POWER OF PEER SUPPORT

Peer support can help transform stressful emotions into powerful, authentic bonds that professional guidance alone cannot replace. When families who have walked similar paths offer understanding, they provide living proof that recovery, growth, and healing are indeed possible. Many Mothers Family Center is so happy to provide a community space for families to connect, share experiences, and support one another in a welcoming environment where everyone feels valued and heard.



## IN FY25, MANY MOTHERS:

- Surpassed distributing **1 million** basic essentials to New Mexico families
- Implemented programming that reaches **all 33 counties** in New Mexico
- Volunteers invested over 3,700 hours of their time - equivalent to over **\$150,000 in professional services**. This model allows us to redirect funds to much needed basic needs services

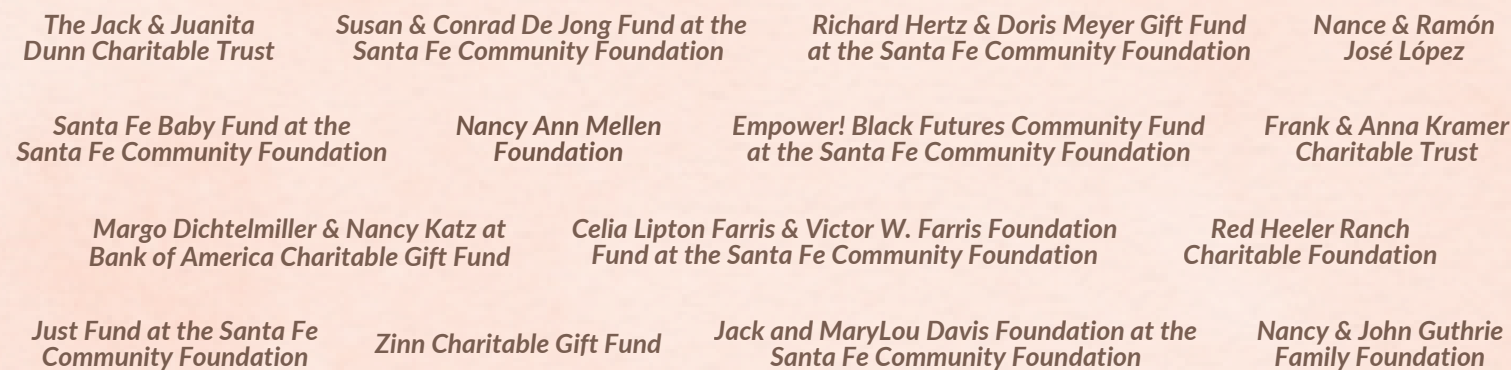


# FOUNDATIONS

Represents fiscal year 2025: July 1, 2024 to June 30, 2025

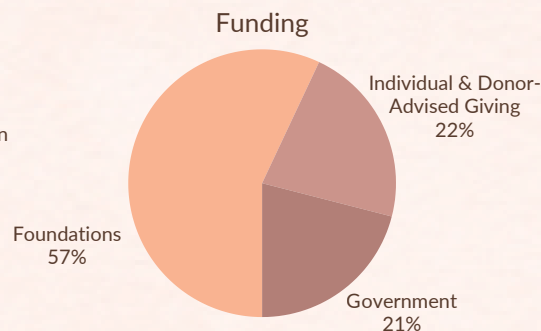
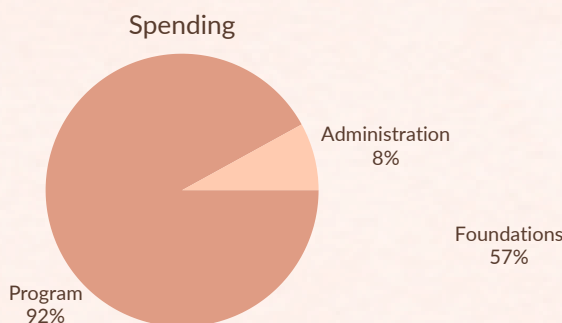
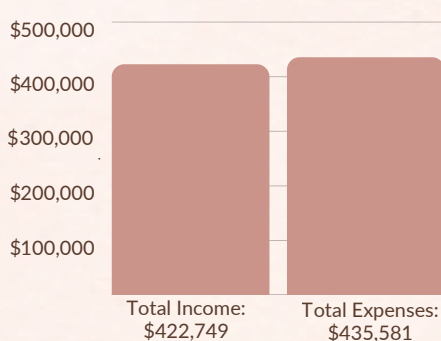


# DONOR ADVISED FUNDS



# FY2025 FINANCIALS

Represents funding sources & expenditures between the dates of July 1, 2024 to June 30, 2025





## WAYS TO GIVE:

Donating | Volunteering | (505) 983-5984

[www.manymothers.org](http://www.manymothers.org) | [info@many Mothers.org](mailto:info@many Mothers.org)