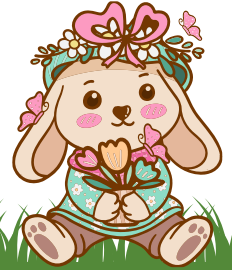

























APRIL 2026

MANY MOTHERS FAMILY CENTER CALENDAR



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
--------	---------	-----------	----------	--------	----------

		1 	2 	3	4 
6 	7 	8 	9 	10	11
13 	14 	15 	16 	17	18
20 	21 	22 	23 	24	25 
27 	28 	29 	30 		

 The Family Center offers drop-in hours **Monday - Wednesday, 11 AM - 2 PM; Thursday, 11 AM - 5 PM; the first Saturday of the month, 11 AM - 1 PM; and by appointment.** The Family Center's drop-in hours feature an indoor play space, and basic needs assistance, including infant/toddler clothes, baby supplies and equipment, diapers, wipes, food, community navigation help, and more.

The Family Center ofrece horarios de atención sin cita previa de **lunes a miércoles, de 11 AM a 2 PM; los jueves, de 11 AM a 5 PM; el primer sábado del mes, de 11 AM a 1 PM; y también con cita previa.** El horario de atención libre del Family Center ofrece una area de juegos y asistencia para necesidades básicas, que incluye ropa para bebés y niños pequeños, artículos y equipamiento para bebés, pañales, toallitas, alimentos, ayuda para la orientación comunitaria y más.

Support

Drop-in Lactation Support (Free)

Breastfeeding mothers are invited to weekly drop-in hours to privately address any concerns, ask questions and get support.

Wednesdays; 11 AM - 1 PM

Find Your Village (Free)

Whether you're navigating pregnancy, newborn days, or motherhood, this group is here to remind you, you have support.

Thursdays; 11 AM - 12 PM

In-person and Zoom: tinyurl.com/MMFindYourVillage

Password: mama

Find Your Village (Gratis)

Ya sea que estés atravesando el embarazo, los días del recién nacido o la maternidad, este grupo está aquí para recordarte que tienes apoyo.

Jueves; 11 AM - 12 PM

En Persona y Zoom: tinyurl.com/MMFindYourVillage

Password: mama

Classes

Guided Meditations (Free)

Refresh your inner peace with Phoenix Savage through guided meditations and breathwork.

Monday, April 6, 2026; 1 PM - 2 PM

Let's Talk Sleep (Free)

Learn how to support your baby's sleep with Dr. Ellen Pope, Occupational Therapist and Pediatric Sleep Specialist.

Wednesday, April 15, 2026; 12:30 PM - 2 PM

Join us via Zoom: tinyurl.com/letstalksleep

Zumbini (Free)

Zumbini combines music, dance, and educational tools for endless fun and bonding time!

Thursdays; 10 AM - 10:45 AM

From Bump to Baby (Free)

A guide for mental wellness for parents. Learn about perinatal mental health disorders that can occur in pregnancy and beyond, and supportive ways to navigate them.

Saturday, April 25, 2026; 10:30 AM - 12 PM

Infant Massage (Free)

Learn the gentle art of infant massage while you bond with your baby in a calming, nurturing environment. No registration required, drop on in!

Every Wednesday in April; 9 AM - 10:15 AM

Breastfeeding Begins in Pregnancy (Free)

Pregnant mothers are invited to learn about the benefits of breastfeeding, how to get off to a successful start and learn powerful strategies should issues arise.

NEW TIME: Thursday, April 9, 2026; 5:30 PM - 7 PM

Zumbini (Gratis)

Zumbini combina música, danza y herramientas educativas para brindar diversión sin fin y tiempo de unión.

Jueves; 10 AM - 10:45 AM

Additional Offerings

Toddler Time (Free)

Enjoy rhymes, songs, movement, and stories in a lively atmosphere, with the Santa Fe Public Library!

First Monday of every Month; 11:30 AM - 12 PM

Van of Enchantment (Free)

The Santa Fe Children's Museum's Van of Enchantment is coming to Many Mothers Family Center for playing and learning!

Tuesday, April 14, 2026; 11:30 AM - 12:15 PM

Hora de los pequeñitos (Gratis)

¡Disfrute de rimas, canciones, movimiento y cuentos en un ambiente muy alegre con Santa Fe Public Library!

Primer lunes de cada mes; 11:30 AM - 12 PM

Van of Enchantment (Gratis)

¡La Van of Enchantment del Santa Fe Children's Museum's llega a Many Mothers para jugar y aprender!

Martes, 14 de Abril de 2026; 11:30 AM - 12:15 PM

Questions? / ¿Preguntas? 505-983-5984 | info@manymothers.org | Full Event Details at: www.manymothers.org/calendar

Many Mothers Family Center, 4001 Office Court Dr., Suite 207, Santa Fe, NM

Any unexpected delays or closures will be shared on Many Mothers' Facebook and Instagram.

Cualquier retraso o cierre inesperado se compartirá en Facebook y Instagram de Many Mothers